Family Support Event/Group Calendar

JANUARY 2025

Sun Mon Tue Wed Thu Fri Sat 29 Family Therapist Contact: 30 31 01 02 03 04 Amanda Lopez, LMSW, CASACT 631-508-5509 alopez@wellbridge.org 05 06 07 08 09 11 10 **Descriptions and** Virtual Family Support Group links for all 7:15-8:15PM groups are 12 13 14 15 16 17 18 located on the Virtual Family Family Orientation-Family Day - In Person Support Group back of this Virtual 9:30AM-12PM 7:15-8:15PM 6PM-7PM calendar. 19 20 21 22 23 24 25 Virtual Family Family Orientation-*2pm - Family Day *Patients begin sign Family Orientation-Support Group Virtual Sign Up Deadline up for Family Day. Virtual 7:15-8:15PM 6PM-7PM 2-3PM 26 27 28 29 30 31 01 Virtual Family Family Orientation-Family Day - In Person Support Group Virtual 9:30AM-12PM 7:15-8:15PM 6PM-7PM

Wellbridge

Located at 525 Jan Way, Calverton, NY 11933

Sunday

Family Day and Visitation

Held on the 2nd and 4th Sunday of each month, this inperson event is an opportunity to see our campus, visit with your loved one while in treatment, and learn how you can best support them during the recovery process. Patients sign up a maximum of 2 visitors over the age of 18, during the week prior. Cutoff for the sign-up is on the Thursday prior to each Family Day. No packages are accepted on family day unless you receive approval from a member of staff.

New Patient Family Orientation

Did your loved one admit into treatment this week? Do you have questions about phone guidelines, visitation, packages, who your loved one's therapist is? Join our family orientation group to learn everything you need to know about the treatment process. From your loved one's first hours/days in treatment through discharge, this comprehensive information session will answer all of your questions. Led by Family Therapist, Amanda Lopez, LMSW, CASAC2.

Join via Zoom - Meeting ID: 983 560 8221 Passcode: 131316

Tuesday

Virtual Family Support Group

Our weekly support group for family members of those entering treatment and beyond. Led by Liana Ross, LMHC, CASAC via Gooding Wellness Group. This group is perfect for family members and loved ones at all stages of the recovery process to discuss the impact of addiction and learn how to begin your own recovery. This group is open to all family members and loved ones during their time in treatment and beyond their stay at Wellbridge.

Join via Zoom - Meeting ID: 898 1716 3111 Passcode: Family No previous sign up necessary.

Wednesday

New Patient Family Orientation

Did your loved one admit into treatment this week? Do you have questions about phone guidelines, visitation, packages, who your loved one's therapist is? Join our family orientation group to learn everything you need to know about the treatment process. From your loved one's first hours/days in treatment through discharge, this comprehensive information session will answer all of your questions. Led by Family Therapist, Amanda Lopez, LMSW, CASAC2.

Join viaZoom - Meeting ID: 820 4199 8598 Passcode: 363777